

Crawley Swimming Club: Overseas Swim Camp Code of Conduct



Document Control: *Approved by Trustees on 4th September 2026*

Review Cycle: Mandatory Review prior to every camp deployment (Minimum cycle: Every 2 years)

Compliance Framework: Wavepower 2025 (Version 2.1), Swim England Team Manager & Travel Guidance.

1. Scope & 24/7 Jurisdiction

This Code of Conduct applies to all selected athletes participating in Crawley Swimming Club (CSC) overseas training camps. Unlike standard local training, **this policy is in effect 24 hours a day from the moment of departure at the UK airport until the team returns and is formally dismissed to parents/guardians.**

It covers flights, ground transportation, hotel accommodations, dining facilities, excursions, down-time, and all poolside training environments.

2. General Behaviour & Environmental Respect

1. **Dignity & Equality:** I will treat all teammates, coaches, appointed Team Managers, facility staff, and members of the public with absolute dignity, courtesy, and respect. I will never discriminate against or exclude anyone on any grounds.
2. **Language & Harm:** I will not use inappropriate, abusive, or offensive language. Bullying, unkind behaviour, practical jokes, or physical aggression of any kind will not be tolerated and will trigger immediate disciplinary action.
3. **Facility Respect:** I will respect the property and rules of our flights, transport providers, hotel resorts, and the designated training venue (e.g., T3 Training Centre). Any malicious damage or financial charges incurred due to behaviour will be billed directly to my parents/guardians.

3. Hotel Accommodation & Curfew Rules

1. **Room Boundaries:** I will stay exclusively in my assigned hotel room. Under no circumstances am I permitted to enter a hotel room assigned to a swimmer of the opposite sex, or a room assigned to club coaches/staff.
2. **Curfews & Device Downtime:** I will strictly obey the evening room lock-down and curfew times set by the Lead Team Manager. After curfew, I will remain in my room, keep noise to an absolute minimum, and set my mobile phone to "Do Not Disturb" to prioritise necessary recovery and rest.
3. **Hotel Room Phone & Privacy Rules:** Mobile phones **are allowed** in hotel rooms for communicating with family, listening to music, and downtime relaxation. However, to safeguard personal privacy, **no athlete may take photos, record video, or live-stream another athlete inside any bathroom, or changing space.**

Crawley Swimming Club: Overseas Swim Camp Code of Conduct



4. **Digital Conduct:** All device use within hotel rooms must comply with the CSC Social Media Policy. Using phones to exclude, cyberbully, or send inappropriate messages to teammates in group chats while in hotel rooms will be treated as a severe disciplinary breach.

4. Training Discipline & Poolside Safety

1. **Punctuality & Readiness:** I will arrive at the training venue, team meetings, and departure points precisely at the times directed by the coaching staff, fully equipped with my designated kit (caps, goggles, kick-boards, paddles, hydration etc).
2. **Poolside Supervision:** I will not step onto the pool deck or enter the water until a qualified CSC coach or designated Team Manager is present and has authorised entry.
3. **Lane Etiquette & Safety:** I will follow all lane sharing, directional flow, and overtaking protocols established by the coaches. I will not pull on lane ropes, stand in lanes to obstruct others, or skip training lengths/sets.
4. **Medical Access:** If I have an ongoing medical condition (e.g., asthma, allergies), I will ensure my prescribed emergency medicine (e.g., inhaler, EpiPen) is kept visible and immediately accessible on the pool deck during every single session.

5. Travel & Off-Pool Safety

1. **The Buddy System:** I will never leave the hotel grounds, training center, or group excursions alone. I will always remain in a designated group of at least three athletes ("The Buddy System") and must obtain explicit permission from an appointed Team Manager before moving anywhere.
2. **Hydration & Nutrition:** I will follow all professional nutritional guidelines provided by the coaching staff, including drinking bottled water constantly to manage heat exhaustion and attending all mandatory team meals.

6. Breaches and Escalation Pathways

Minor infractions (such as minor lateness or noise after curfew) will result in a verbal warning, a performance contract review, or sitting out a training block.

Major & Gross Misconduct Escalation

Severe breaches—including bullying, violating the digital privacy ban, breaking curfew, leaving group areas unescorted, or using alcohol/illegal substances—will bypass standard warnings:

- The athlete will be immediately suspended from all camp activities and remain with the adults.
- Parents will immediately be contacted.

Crawley Swimming Club: Overseas Swim Camp Code of Conduct



- **Immediate Flight Eviction:** In strict accordance with Swim England Travel Guidance, CSC reserves the right to terminate the athlete's position on the camp and arrange the immediate flight repatriation of the athlete to the UK at the parent/guardian's sole financial expense.
- Upon return to the UK, the matter will be formally referred to the CSC Disciplinary Panel under **Swim England Regulation 105**.

Mandatory Digital Sign-Off (Swim Manager Portal)

ATHLETE DECLARATION: I confirm that I have read, understood, and agree to abide by the Overseas Swim Camp Code of Conduct. I acknowledge that this policy operates 24/7 and that my safety and spot on the camp depend entirely on my personal behaviour and respect for others.

PARENT/GUARDIAN DECLARATION: I confirm that I have reviewed this Code of Conduct with my child. I accept full responsibility for their behaviour and understand the escalation pathways, including the financial and logistical requirement to cover repatriation flights to the UK should my child commit a gross misconduct violation.

Parents & Swimmers will sign electronically via Swim Manager as part of the Camp induction prior to leaving UK.