



Fast & Festive Open Meet 2026 – Saturday 28th November
Level 3, Long Course
Programme Of Events

SESSION 1		
Warm up: TBC		Start: TBC
101	Mixed	200IM
102	Open/Male	100 Breaststroke
103	Female	100 Breaststroke
104	Mixed	200 Butterfly
105	Open/Male	100 Freestyle
106	Female	100 Freestyle
107	Open/Male	50 Backstroke
108	Female	50 Backstroke

SESSION 2		
Warm up: TBC		Start: TBC
201	Female	50 Breaststroke
202	Open/Male	50 Breaststroke
203	Female	100 Backstroke
204	Open/Male	100 Backstroke
205	Mixed	200 Freestyle
206	Female	50 Butterfly
207	Open/Male	50 Butterfly

SESSION 3		
Warm up: TBC		Start: TBC
301	Mixed	200 Backstroke
302	Mixed	200 Breaststroke
303	Female	100 Butterfly
304	Open/Male	100 Butterfly
305	Female	50 Freestyle
306	Open/Male	50 Freestyle